



PARTNERING FOR PREVENTION

Professional Supervision Workshop

Professional Supervision: What is it and should it be implemented in our dioceses?

“Supervision” is a term with many meanings, from the managerial oversight provided in the workplace to the role an academic plays in assisting a person with their thesis. “Professional supervision” has long been a required part of the professionalism of those working in the helping professions, with a balance of formative or learning aspects, supportive and normative (or accountability) elements. There is a growing acceptance in churches of various denominations of the value of professional supervision for clergy and church workers, seeking benefits in their formation, and in the prevention of burnout and boundary crossing.

This workshop will explore the professional supervision model, its benefits and how it can be adapted for ministry settings, encompassing a holistic attitude to the work of ministry. Facilitated discussion will gather evidence of existing professional supervision schemes in attendees’ church settings and how such schemes can be brokered and introduced.

About the presenter:



NICOLA LOCK BSc(hons) Grad Dip Th. Grad Dip EFT. PACFA reg.

Nicola has worked in the counselling field for over 20 years and was the founding Director of a church based counselling centre in 1996. During her 10 years acting as a Contact Person for the Anglican Diocese of Sydney Professional Standards Unit, Nicola has been involved with the reporting of, and dealing with, complaints about sexual misconduct by church workers. Currently working as a registered counsellor, clinical supervisor and training coordinator of Christian counselling courses, she has a special interest in the well being of church workers and clergy. Her research for her Masters of Ministry studies is focused on professional pastoral supervision for clergy.

An experienced and passionate workshop presenter, Nicola intends that this workshop be an interactive space for information sharing and discussion.